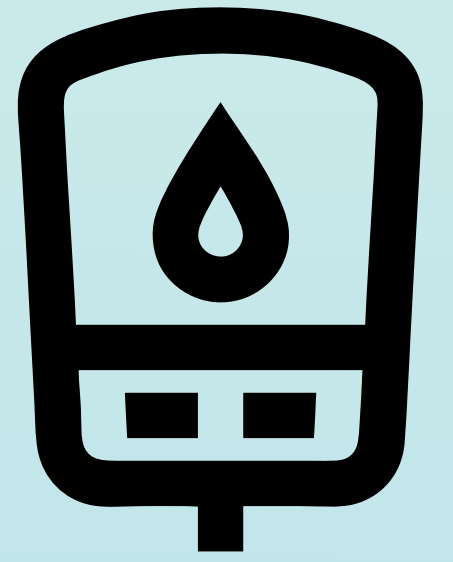




# Diabetes



## ADA Diabetic Standards of Care 2017

### A: A1C

- ✓ < 7 - 8.5 (Personalized)
- ✓ Checked every 3-6 mo.
- ✓ Fasting 80-130 or \_\_\_\_\_
- ✓ Post-prandial <180

### B: Blood Pressure

- ✓ < 140/90 or on an ACEI

### C: Cholesterol

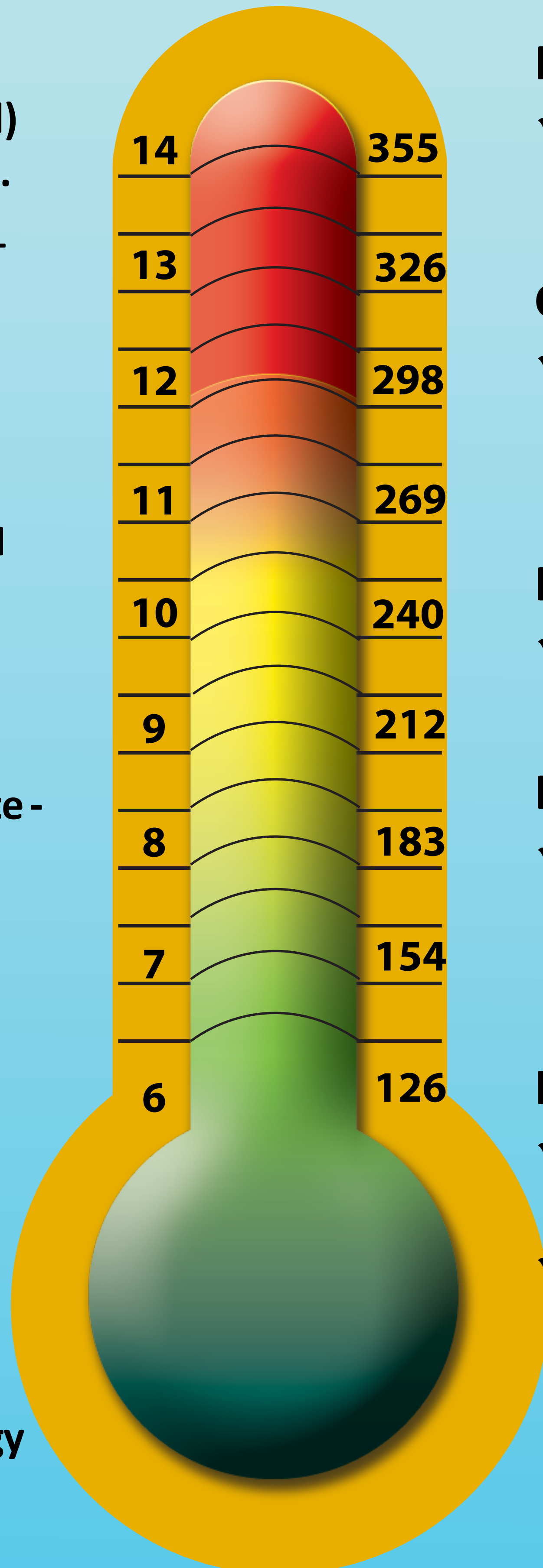
- ✓ Age > 40 on a moderate-high intensity statin

### D: Diet and Exercise

- ✓ Refer to DM program
- ✓ Encourage healthy changes

### E: Eyes

- ✓ Refer to ophthalmology every 2 years



### F: Feet

- ✓ Exam with microfilament yearly

### G: Give up smoking

- ✓ Encourage tobacco cessation

### H: Heart

- ✓ Is aspirin indicated?

### I: Immunization

- ✓ Encourage Pneumonia, Hepatitis B, and annual flu vaccines

### K: Kidneys

- ✓ Creatinine and GFR (BMP/CMP)
- ✓ Microalbumin /Creatinine ratio yearly



American  
Diabetes  
Association