

# SWEET DREAMS CARDS



## Impact

Show love to our overnight guests, who are escaping the heat, by creating Sweet Dream Cards for those sleeping in our Hall of Banners. Each pillow will have a card and mint left on it for their overnight stay. [Watch and read](#) to learn more about SVdP's life saving heat relief efforts.

## Materials

- Cardstock or index cards (any color or pattern)
- Pens, markers, paint, crayon
- Stickers, ribbon, or anything to decorate your cards!

## Instructions

- Cut your cardstock into sections or use index cards IE 2" X 2"
- Write "Sweet Dreams!" "Nightie Night" "Rest Up" "Sleep Tight" & add an encouraging note
- Decorate your card to bring joy and ensure our guests feel special

## Additional Information

### Send Us Your Volunteer Hours:

Please let us know how long you [volunteered from home](#). For project type, select - Cards

### Mail to:

St. Vincent de Paul C/O Shawn Donnelly  
420 W.Watkins Rd. Phoenix, AZ 85003

**\*When mailing in projects, please [include](#) this information with your project\***

### Drop Off:

Daily 7:00 AM–7:00 PM at:  
SVdP Watkins Campus Volunteer Parking Lot.  
2120 South 3rd Drive, Phoenix, AZ 85003

\*Use this address for GPS directions.

### Questions?

Contact [helpfromhome@svdpaz.org](mailto:helpfromhome@svdpaz.org) or  
Call 602.850.6942

